

Access to Social Work Occupational Therapy Service

The Occupational Therapy Service is available Monday to Friday from 08:45am to 5:00pm.

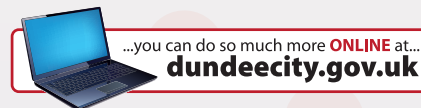
You can contact Occupational Therapy Services by phone at **01382 307645**.

You can also contact Occupational Therapy Services by post at:

Occupational Therapy Services
Dundee Independent Living and
Community Equipment Centre
Unit T, Charles Bowman Avenue
Claverhouse West Industrial Estate
Dundee
DD4 9UB

By e-mail to:
sw.otclerical@dundeecity.gov.uk

This information is made available in large print or in an alternative format that meets your needs.	
Chinese	欲知詳情, 請致電: 01382 435825
Russian	Более подробную информацию можно получить позвонив по телефону: 01382 435825
Urdu	مزید معلومات کے لئے برائے مہربانی 01382 435825 پر فون کریں۔
Polish	po dalszą informację zadzwoń pod numer 01382 435825
Alternative Formats	For further information please contact the issuer of this publication



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The Occupational Therapy Service in Dundee



Supporting
you to live
independently



What is the Occupational Therapy Service?

The occupational therapy service can support you to live as independently as possible in your own home.

You may wish to contact us if you have difficulties with everyday tasks such as:

- Getting in and out of bed
- Maintaining adequate personal hygiene
- Getting on and off the toilet
- Preparing food and drink
- Climbing steps or stairs
- Getting in and out of your property

Can the Occupational Therapy Service Help?

The Occupational Therapy Service can help by:

- Providing advice on ways an everyday tasks can be done differently
- Loaning you a specialist piece of equipment

- Recommending small adaptations to your home; for example hand rails or stair rails
- Recommending larger adaptations to your property or recommending a move to more suitable accommodation
- Advising and guiding you through the process of making adaptations to your house if you are an owner/occupier
- Advising you on the financial implications to you of any recommended provision
- Giving information and advice or referring you on to other services that can help
- Providing support to you and your carer in understanding and coping with your disability.

Are there any Charges?

There is no charge for our visit to you or for your assessment. Equipment is provided free on a 'permanent loan' basis.

Building adaptations in Council or Housing Association property are normally carried out and paid for by the landlord.

If you rent privately or own your own home and need a major building alteration, you

can apply for a Home Improvement Grant through our Occupational Therapy Service.

Further information, including a copy of the guide, is available at:

<http://www.gov.scot/Topics/Built-Environment/Housing/access/adaptations>

Who Can Make a Referral to Occupational Therapy Service?

Anyone can contact the Occupational Therapy Service for advice and assistance.

Having the following information ready when you make a referral helps us to understand what you may need help with:

- Your Name
- Your Date of Birth
- Your address
- Your medical condition, if known
- Name of your family doctor
- What difficulties you are having and how it is affecting you or your carer