### Aim
To support the improvement of mental health & wellbeing & reduce mental health inequalities for the citizens of Dundee

### Priorities
- Reducing Health Inequalities
- Prevention & Early Intervention
- Right Support at the Right Time
- Focus on Recovery

### Workstream/Redesign Group
- Primary Care Model Supporting Mental Health and Wellbeing
- Locality based Early intervention / Preventative Mental Health and Wellbeing Support
- Clinical Care Pathways
- Unscheduled Care Pathways
- Accommodation with Support
- Child to Adult Transition Pathways
- Integrated Pathway – Mental Health / Substance Misuse
- Support for People Experiencing Distress
- Workforce Planning
- Suicide Prevention

### Outcomes
- National Health and Wellbeing Outcomes
- Mental Health Quality Outcomes: Timely, Safe, Person Centred, Effective, Efficient, Equitable and Trauma Informed
- Actions from National Mental Health Strategy 2017 - 2027

### Governance
- Dundee Mental Health and Wellbeing Strategic and Commissioning Group
- Tayside Mental Health Alliance
- Dundee Health & Wellbeing Commissioning Framework (2019-2024)

### Funding Stream
- Dundee Health & Social Care Partnership (HSCP) Revenue Budget
- Action 15 Funding / Primary Care Investment
- Tayside Mental Health Alliance
- Dundee HSCP Revenue Budget
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- Tayside Mental Health Alliance
- Dundee HSCP Revenue Budget
- Perth & Kinross HSCP (hosted inpatient) budget
- Tayside Mental Health Alliance
- Dundee Health & Social Care Partnership Revenue Budget
- Dundee City Council General Services Capital Plan
- Affordable Housing Supply Programme (AHSP) Grant, Scottish Government
- NHS Tayside
- Dundee City Council
- Dundee HSCP Revenue Budget
- Perth & Kinross HSCP (hosted inpatient) budget
- Dundee Health & Social Care Partnership Revenue Budget
- Action 15 Funding
- Dundee Health & Social Care Partnership Revenue Budget
- Perth & Kinross HSCP (hosted inpatient) budget
- Dundee Health & Social Care Partnership Revenue Budget

### Co-production
- Human Rights Approach
- Collaboration

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**Dundee Mental Health & Wellbeing Commissioning Framework (2019-2024)**
<table>
<thead>
<tr>
<th>Workstream / Redesign Group</th>
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<tr>
<td><strong>Primary Care Model Supporting Mental Health and Wellbeing</strong></td>
<td>Extend Patient Assessment, Liaison and Management Service (PALMS) to all 4 GP Cluster areas</td>
<td>Full implementation in one cluster area by December 2019. All 4 cluster areas to be operational by 2021.</td>
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| **Locality based Early intervention / Preventative Mental Health and Wellbeing Support** | Invest further in preventative locality based support, targeting communities in greatest need  

Improve access to information through existing community networks and further develop collaborative approaches to the co-production and dissemination of information, including the use of information technology  

Build on existing co-production mechanisms, co-ordinated and led by Dundee Voluntary Action | The Mental Health and Wellbeing Strategic Commissioning Group will review progress to date, discuss and agree future actions and timescales for completion.  
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Ongoing throughout life of Strategic Plan |
| **Clinical Care Pathways** | Design / Review and Implement revised Clinical Pathways, including but not limited to:  

• Emotionally Unstable Personality Disorder  
• Bipolar Disorder / Psychosis  
• Depression  
• Autism  
• Trauma | To be confirmed by Tayside Mental Health Alliance.                                                                                                                                                      |
| **Unscheduled Care Pathways** | Review Crisis Resolution / Intensive Home Treatment Pathways  

Establish 24/7 Community Mental Health support | Initial Stakeholder Event in Spring 2019 identified priorities for redesign. Redesign group will determine the scale and pace of developments and timescale for completion. |
<p>| <strong>Accommodation and Support</strong> | Implement Strategic Housing Investment Plan priorities for people who experience mental health challenges | Additional 18 units (houses) by early 2020. A further 7 units during 2021. Requirements from 2021 – 2024 yet to be confirmed / commissioned. |</p>
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| Child to Adult Transition Pathways | Implement Scottish Government Transitional Care Plan (Child and Adolescent Mental Health Services to Adult Community Mental Health Services)  
Broaden the multi disciplinary and multi agency scope of local transition planning protocol (This is a local to Dundee Action) | To be confirmed by Tayside Mental Health Alliance  
Completion by end of 2019 |
| Integrated Pathway – Mental Health / Substance Misuse | Design and implement unified pathways for people with significant mental health and substance misuse challenges (incorporating any recommendations from Mental Health Inquiry / Drugs Commission). This may include:  
• Specialist Assessment  
• Supporting a Case Management approach  
• A decision making protocol that will incorporate a mechanism for resolving differences in opinion between services | Programme Plan to be confirmed between September and December 2019 |
| Support for People Experiencing Distress | Develop triage response with Ambulance Service / Police / Accident & Emergency Department, including out of hours  
Commission 2 properties with availability and provision of 24/7 short term mental health support  
Create further opportunities for people to access tailored support when needed using a drop in approach | Phased implementation from early 2020  
Summer/Autumn 2020  
Phased implementation from early 2020 |
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<td>Workforce Planning</td>
<td>Establish 2/3 Advanced Nurse Practitioner posts (who can prescribe)</td>
<td>Recruitment by Spring 2020</td>
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<td>Implement a medication concordance and medication review model to reduce poly pharmacy issues</td>
<td>Anticipated phased implementation from Summer 2020</td>
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<td>Establish skill mix and ensure learning opportunities to support multi disciplinary locality working</td>
<td>Ongoing throughout life of Strategic Plan, linked to each workstream / redesign group</td>
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<td>Embed peer recovery support model in a range of cross sector settings and establish a local Peer Recovery Network led by Dundee Voluntary Action to provide governance framework</td>
<td>Network is established, further additional peer recovery support posts are being recruited to by end of 2019</td>
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<td>Continue to develop a Trauma Informed workforce</td>
<td>Ongoing throughout life of Strategic Plan</td>
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<td>Suicide Prevention</td>
<td>Enhance collaboration between Tayside Suicide Review Group, Tayside Drugs Death Review Group and Dundee Mental Health and Learning Disability Adverse Event Management Group</td>
<td>Formal links already established. Principles of information sharing agreed, shared work plan to be agreed by end of 2019.</td>
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