

Dundee Mental Health & Wellbeing Commissioning Framework (2019-2024)

Aim

To support the improvement of mental health & wellbeing & reduce mental health inequalities for the citizens of Dundee

Priorities

Reducing Health Inequalities

Prevention & Early Intervention

Right Support at the Right Time

Focus on Recovery

Outcomes

National Health and Wellbeing Outcomes

Mental Health Quality Outcomes: Timely, Safe, Person Centred, Effective, Efficient, Equitable and Trauma Informed

Actions from National Mental Health Strategy 2017 - 2027

Workstream/ Redesign Group

Primary Care Model Supporting Mental Health and Wellbeing

Locality based Early intervention / Preventative Mental Health and Wellbeing Support

Clinical Care Pathways

Unscheduled Care Pathways

Accommodation with Support

Child to Adult Transition Pathways

Integrated Pathway – Mental Health / Substance Misuse

Support for People Experiencing Distress

Workforce Planning

Suicide Prevention

Governance

Dundee Mental Health and Wellbeing Strategic and Commissioning Group

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Tayside Mental Health Alliance

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Dundee Suicide Prevention Strategic Planning Group

Funding Stream

- Dundee Health & Social Care Partnership (HSCP) Revenue Budget
- Action 15 Funding / Primary Care Investment

- Dundee HSCP Revenue Budget
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- Dundee HSCP Revenue Budget
- Perth & Kinross HSCP (hosted inpatient) budget

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- Dundee HSCP Revenue Budget
- Dundee City Council General Services Capital Plan
- Affordable Housing Supply Programme (AHSP) Grant, Scottish Government

- NHS Tayside
- Dundee City Council
- Dundee HSCP Revenue Budget
- Perth & Kinross HSCP (hosted inpatient) budget

- Dundee Health & Social Care Partnership Revenue Budget

- Dundee Health & Social Care Partnership Revenue Budget
- Action 15 Funding

- Dundee HSCP Revenue Budget
- Perth & Kinross HSCP (hosted inpatient) budget

- Dundee Health & Social Care Partnership Revenue Budget



Co-production

Human Rights Approach

Collaboration

Workstream / Redesign Group	Action	Timescale
Primary Care Model Supporting Mental Health and Wellbeing	Extend Patient Assessment, Liaison and Management Service (PALMS) to all 4 GP Cluster areas	Full implementation in one cluster area by December 2019. All 4 cluster areas to be operational by 2021.
Locality based Early intervention / Preventative Mental Health and Wellbeing Support	<p>Invest further in preventative locality based support, targeting communities in greatest need</p> <p>Improve access to information through existing community networks and further develop collaborative approaches to the co-production and dissemination of information, including the use of information technology</p> <p>Build on existing co-production mechanisms, co-ordinated and led by Dundee Voluntary Action</p>	<p>The Mental Health and Wellbeing Strategic Commissioning Group review progress to date, discuss and agree future actions and timescales for completion.</p> <p>The Mental Health and Wellbeing Strategic Commissioning Group review progress to date, discuss and agree future actions and timescales for completion.</p> <p>Ongoing throughout life of Strategic Plan</p>
Clinical Care Pathways	<p>Design / Review and Implement revised Clinical Pathways, including but not limited to:</p> <ul style="list-style-type: none"> • Emotionally Unstable Personality Disorder • Bipolar Disorder / Psychosis • Depression • Autism • Trauma 	To be confirmed by Tayside Mental Health Alliance.
Unscheduled Care Pathways	<p>Review Crisis Resolution / Intensive Home Treatment Pathways</p> <p>Establish 24/7 Community Mental Health support</p>	Initial Stakeholder Event in Spring 2019 identified priorities for redesign. Redesign group will determine the scale and pace of developments and timescale for completion.
Accommodation and Support	Implement Strategic Housing Investment Plan priorities for people who experience mental health challenges	<p>Additional 18 units (houses) by early 2020.</p> <p>A further 7 units during 2021.</p> <p>Requirements from 2021 – 2024 yet to be confirmed / commis</p>

Workstream / Redesign Group	Action	Timescale
Child to Adult Transition Pathways	<p>Implement Scottish Government Transitional Care Plan (Child and Adolescent Mental Health Services to Adult Community Mental Health Services)</p> <p>Broaden the multi disciplinary and multi agency scope of local transition planning protocol (This is a local to Dundee Action)</p>	<p>To be confirmed by Tayside Mental Health Alliance</p> <p>Completion by end of 2019</p>
Integrated Pathway – Mental Health / Substance Misuse	<p>Design and implement unified pathways for people with significant mental health and substance misuse challenges (incorporating any recommendations from Mental Health Inquiry / Drugs Commission). This may include:</p> <ul style="list-style-type: none"> • Specialist Assessment • Supporting a Case Management approach • A decision making protocol that will incorporate a mechanism for resolving differences in opinion between services 	<p>Programme Plan to be confirmed between September and December 2019</p>
Support for People Experiencing Distress	<p>Develop triage response with Ambulance Service / Police / Accident & Emergency Department, including out of hours</p> <p>Commission 2 properties with availability and provision of 24/7 short term mental health support</p> <p>Create further opportunities for people to access tailored support when needed using a drop in approach</p>	<p>Phased implementation from early 2020</p> <p>Summer/Autumn 2020</p> <p>Phased implementation from early 2020</p>

Workstream / Redesign Group	Action	Timescale
Workforce Planning	<p>Establish 2/3 Advanced Nurse Practitioner posts (who can prescribe)</p> <p>Implement a medication concordance and medication review model to reduce poly pharmacy issues</p> <p>Establish skill mix and ensure learning opportunities to support multi disciplinary locality working</p> <p>Embed peer recovery support model in a range of cross sector settings and establish a local Peer Recovery Network led by Dundee Voluntary Action to provide governance framework</p> <p>Continue to develop a Trauma Informed workforce</p>	<p>Recruitment by Spring 2020</p> <p>Anticipated phased implementation from Summer 2020</p> <p>Ongoing throughout life of Strategic Plan, linked to each workstream / redesign group</p> <p>Network is established, further additional peer recovery support posts are being recruited to by end of 2019</p> <p>Ongoing throughout life of Strategic Plan</p>
Suicide Prevention	<p>Enhance collaboration between Tayside Suicide Review Group, Tayside Drugs Death Review Group and Dundee Mental Health and Learning Disability Adverse Event Management Group</p>	<p>Formal links already established. Principles of information sharing agreed, shared work plan to be agreed by end of 2019.</p>