



## Self-Directed Support Option 4 – A Mix of Options 1, 2, and 3

### What does A Mix of Options 1, 2, and 3 mean?

If you select Option 4, you will have the flexibility to choose from some or all of Options 1, 2, and 3 in order to meet your agreed outcomes. Option 4 can be a combination of any or all of the following:

- Option 1: A direct payment
- Option 2: Directing your available support
- Option 3: Support arranged by the local authority

### What happens if you choose Option 4?

Choosing Option 4 means that you can mix the options in a way that matters to you, and is in line with the identified and agreed outcomes which arose from your outcome focussed assessment. Your support practitioner will continue to support you in reviewing and managing your chosen options.

### How do you choose Option 4?

During your Outcome Focussed Assessment, and Personal Support Plan, you might have already identified parts of your support which is arranged by Dundee Health and Social Care Partnership (Option 3). At the same time, other outcomes might require support from personal assistants to enable you to take part in community activities, which would also require Option 1. This example would then take the form of Option 4; a combination of Options 1 and 3. You can combine the options in any way that is agreed to meet your identified outcomes, and enable you to live your life.

### Reviewing your Support

Self-directed support is an ongoing process, and it is important to review your plan regularly to make sure it continues to work for you. Although you will attend regularly scheduled reviews, you can arrange a review of your plan at any time, should you wish to discuss your support plan, or if your circumstances have changed in any way.



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### Contribution/Charging Policy

Any supported person will have a Financial Information/Income Maximum (FIIM) form.

People are requested to complete to a FIIM form which assesses the contribution they will be eligible to pay towards their care depending on their financial circumstances and age. Currently Personal care is free to those over the age of 65. This also ensures that they are receiving all the benefits that they are eligible for.

It is important to advise the supported person that should they decline to complete the FIIM they may be charged the full economic cost of the care. People living together as a couple will be financially assessed as a couple.