



## Self-Directed Support Option 3 – Arranged by Your Local Authority

### What is Local Authority Arranged Support?

Local Authority Arranged Support is when Dundee Health and Social Care Partnership arranges support on your behalf. You instruct your support practitioner to arrange your services and supports.

During your outcome focussed assessment and personal outcomes plan your support practitioner will discuss with you the available resources to ensure that your outcomes are met. They will arrange services and payments on your behalf.

In cases where the supported person does not have capacity to decide, or they choose not to make the decision about who will provide their services and supports, Option 3 will be the only option available.

### What happens if I choose Option 3?

Choosing Option 3 means that your services and supports will be arranged on your behalf. This does not mean that you have given up control over your support. Your support practitioner will continue to engage with you about how you would like your support to be delivered, ensuring that it continues to meet your agreed outcomes.

### What services and support can my Local Authority arrange?

The Dundee Health and Social Care Partnership can arrange several types of services and supports to meet your agreed outcomes. These include:

- Support workers
- Respite provision
- Respite alternatives
- Help with social, education, or employment activities
- Personal care



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### Contribution/Charging Policy

Any supported person will have a Financial Information/Income Maximum (FIIM) form to complete.

People are requested to complete to a FIIM form which assesses the contribution they will be eligible to pay towards their care depending on their financial circumstances and age. Currently Personal care is free to those over the age of 65. This also ensures that they are receiving all the benefits that they are eligible for.

It is important to advise the supported person that should they decline to complete the FIIM they may be charged the full economic cost of the care. People living together as a couple will be financially assessed as a couple.

### Reviewing your Support

Self-directed support is an ongoing process, and it is important to review your plan regularly to make sure it continues to work for you. Although you will attend regularly scheduled reviews, you can arrange a review of your plan at any time, should you wish to discuss your support plan, or if your circumstances have changed in any way.