

Dundee Independent Living and Community Equipment Centre

Supporting you to live independently



dilc dundee
independent
living centre

a partnership between Dundee City Council and NHS Tayside

What is the Dundee Independent Living and Community Equipment Centre?

A purpose built facility that provides a unique showroom environment for members of the public to view and try out a wide range of equipment and adaptations which support independent living.

We have permanent displays of equipment set out across a bathroom, shower room, bedroom and kitchen. We also have non powered mobility equipment, rise and recline chairs, washer dryer toilets, moving and handling equipment and a stair lift.

The Community Equipment Store, Occupational Therapy, Manual Handling, Enablement and Blue Badge Services also operate from the building.

How can the Independent Living Centre Help Me?

A visit to Dundee Independent Living Centre will provide you with:

- an opportunity to view and try a wide range of equipment;
- information and advice on equipment, adaptations and services which may support you to live independently;
- a discussion of your needs and a request for a full Occupational Therapy assessment;
- information and advice about support for family members or unpaid carers.

What else does the Independent Living Centre Do?

- Practical advice and information to carers and professionals on all aspects of disability, equipment, adaptations and independent living;
- Regular exhibition days where companies are invited along to display their products and answer any of your questions;
- Training facilities for professionals and unpaid carers;
- A specially designed toilet which people with profound and multiple learning disabilities can access;
- A website with information about independent living.
<http://www.dundee.gov.uk/DILC/main.htm/>

How do I access the Centre?

The Centre is open to members of the public and professionals from
08:45am to 5pm Monday to Friday.

You may find it helpful to arrange an appointment using the contact details below as this will allow us to tailor your visit to your needs.

You can contact the Centre by phone at **01382 307645** or by email at **DILC@dundee.gov.uk**

How To Get Here

to Forfar



to City Centre

dilc **dundee
independent
living centre**

a partnership between Dundee City Council and NHS Tayside

Dundee Independent Living and Community
Equipment Centre, Unit T, Charles Bowman Avenue
Claverhouse West Industrial Estate
Dundee DD4 9UB

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