Are you eligible for support from Dundee Health and Social Care Partnership?



Supporting your Independence

Our aim is to help everyone living in Dundee to be as independent as possible at home or in a homely setting.

There is a range of support services in the Dundee Health & Social Care Partnership. If you think you need additional support to continue to live independently we will arrange to assess your needs to determine what sort of support you need, and from which appropriate service.

There are many different kinds of support and services. Some involve rehabilitation to help you with your independence, other support may involve paid carers coming into your home to help with personal care. This form of care is often referred to as a Package of Care or Support. People who are unable to live independently without support are deemed as a Priority for this type of support.

Packages of Care

Support provided according to eligibility criteria

In order to provide support appropriately the Dundee Health and Social Care Partnership applies criteria to determine who is eligible.

The eligibility criteria define a person's need in order to be considered for the provision of individual services and the level of support.

We have included guidance to help you understand the different levels of need, which consider a person's level of risk. This is not extensive but acts as a guide to help understand how decisions are made. There are 4 categories of risk: Critical, substantial, moderate, and low risk.

Problem solving

Some people have difficulties at home which can be helped by equipment.

For example – if someone cannot get out of a low-level chair, then chair raisers can help raise the level of the chair. Or if there is difficulty getting out of bed then a bed rail can help. There are items of equipment which can help independence in the home. An Occupational Therapist can advise on this. There are many equipment items available at Boots; Allardyce; Amazon and others. There are community and voluntary organisations which provide local support.



There are 4 levels of eligibility criteria which are according to levels of risk.

What do these mean?

Low Risk

This relates to some quality of life issues but there is a low risk to your independence or health and wellbeing, with very limited, if any, requirement for the provision of social care services. The risks are unlikely to cause major harm of danger to either you or others. For example: you are able to manage most aspects of family roles and responsibility but you may require equipment in the home; or to reorganize your day such as having a wash or shower towards the end of a day when a member of your family can call round to oversee. You may be lonely or isolated and need local support.

Moderate Risk

This means that there are some risks your independence or health and wellbeing which need advice and guidance or linking you to other services for support. These needs may be manageable for a short time. For example, you may have a temporary deterioration in mobility following an injury or after surgery.

Substantial Risk

This is when there are significant risks to your independence, or to your health and wellbeing. This level of risk will need support because there is a significant risk to your independence or to your health and wellbeing. For example, you may have a significant health problem(s) which cause you harm or danger.

Critical Risk

There are critical risks to your independent living or health and well-being which are likely to need immediate provision of social care services as you are not safe to undertake basic self help skills. For example, you are unable to manage basic aspects of your personal care or domestic routines (feeding yourself, getting dressed, or washing yourself.)

What help may I be offered?



After an assessment has been made of your needs and you have shared your concerns, this will be matched against the different criteria and you may be offered support and care.

As people's needs change over time any offer of support made will be reviewed as necessary to ensure your changing needs are considered. This review may involve a change which could be an increase, a reduction or a change in the services offered.

Who pays for the care?



There are some services which are free for personal care, and other services which you may need to pay for. Your contribution is determined through a financial assessment which will be carried out along with the social care assessment.

Who can request an assessment?

Anyone can contact us to make a request for an assessment. You can do this yourself or, if you prefer, a relative, carer, friend, GP or other professional can make contact on your behalf – with your consent.

At the initial point of contact we will begin to gather information about your needs. A member of our team may need to visit you to assess your needs, in your own home, and identify ways in which you might be enabled to become more independent.

This will help us to understand what your needs are and establish your eligibility for support.

Who provides an assessment?



A healthcare professional will undertake an assessment of your needs. This may be an Occupational Therapist, a Social worker, a Nurse or a physiotherapist.

Getting in contact

t: 01382 434019 e: firstcontact.teamadmin@dundeecity.gov.uk

