

When we come to visit you, we will be taking a number of important steps to help protect everyone from **COVID-19 (coronavirus)**.

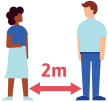
Here are the ways you can help us:



- **Wash your hands** thoroughly before and after your Community Nurse or Social Care Worker visit and regularly throughout the day.



- Try and **be ready** for your Community Nurse or Social Care Worker arriving.



- When they are in your home please try and **keep a safe distance**, except when they have to deliver support or treatment.



- If you **live with another person** or have visitors in the home please **ask them to move to another room** while you receive your care.



- Please advise your Community Nurse or Social Care Worker if you have developed a **consistent cough or a high temperature**.



- Please note that your Community Nurse or Social Care Worker may be wearing **protective equipment** such as an apron, gloves, mask or goggles. **Do not be concerned** - this is to ensure we minimise the risk of cross infection.



- **Be patient** - The times you receive your care may change and you may have a different Community Nurse or Social Care Worker providing this.

If you have **any concerns** about your care and support at present, please do not hesitate to discuss this with the staff who visit you.