



A Strategic Plan for Supporting
Adults with a Learning Disability and
Adults with a Learning Disability and Autism in Dundee.

Living Life Well and Living Life Your Way in Dundee 2022-2027



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The aim of this Strategic Plan is to support people in Dundee to live life well and live life the way that they want. In 2022 a vision for this plan was developed by Advocating Together. This was done at the request of Dundee Learning Disability and Autism Strategic Planning Group (SPG) following discussions with people, their carers, volunteers and the workforce.

The Vision.

Everyone will get help to live well.

Everyone will have good places to live in.

People will be able to use local shops in friendly communities.

Everyone will be friendly.

Everyone will look after each other.

Everyone will have good relationships.

Everyone will be able to have a social life.

Everyone will have chances to share their talents.

The Advocators have provided more information about the statements in the Vision for this plan and what they mean. (see Supplementary Information 1)

This Strategic Plan records a framework to support people in Dundee. The people who are the main focus of this Strategic Plan are Adults with a Learning Disability and Adults with a Learning Disability and Autism. It is recognised that each individual is unique and that their care and support will be personalised and unique to them. However, many of this group of people have needs that can be met with a range of services and supports that they might commonly access and they often choose to share social and recreational activities.

Some of the developments in the plan will also benefit children with additional support needs and people of any age who have Autism but not a Learning Disability. Across Tayside and in Dundee work is developing to support the needs of people impacted by a range of Neurodiversity including people with Autism and no Learning Disability.

Some people have a Learning Disability and Autism, some people have only Autism, some people only have a Learning Disability. This is illustrated below:



It is anticipated that unpaid family carers will be supported through some of the actions in this plan as well as through the local Carers Strategy "A Caring Dundee 2"

<https://carersofdundee.org/dundee-carers-strategy-2021-24/>

In a Focus group someone said...

My family look out for me and I look out them



This Strategic Plan gives information about what local people have said is important as well as considering national policies, research and knowledge. An Action Plan will be developed for which will be reviewed annually.

The Dundee Learning Disability and Autism Strategic Planning Group (SPG) support the development of Health, Social Work and Social Care and other supports and services for people with a Learning Disability in Dundee. The SPG reports to the Strategic Planning Advisory Group and to the Dundee Integration Joint Board. This plan contributes to achieving the strategic priorities of Dundee IJB which are set in the 2019 Strategic and Commissioning Plan.

Before the Pandemic the SPG met regularly to discuss, plan and make arrangements. On-line meetings have proved unsuitable and unsuccessful for the SPG, in particular it has not supported the best contributions and discussions with the Advocators who attend. The SPG now have small face to face meetings in order to manage infection risks. SPG members work for a range of different agencies across the city and they have worked together to listen to and learn what is important to local people, their families, carers and their support staff. Some of the SPG Members are part of making plans with others across Dundee and Tayside including planning with NHS



'Living Life Well in Tayside' is the Tayside Mental Health and Wellbeing Strategy, it supports redesign of services Mental Health and Learning Disability Services in local communities and hospitals. The strategy can be found at:

https://www.nhstayside.scot.nhs.uk/OurServicesA-Z/MentalHealthandLearningDisabilityServices/PROD_342608/index.htm



Image 1- The front cover of Tayside Mental Health and Wellbeing Strategy

Health, Social Work and Social Care services have been further developed and increased in order that more people can live in the community, with the right support, and close to their home community. Although more people can remain in the community for their care, a number of people need to be admitted to hospital. When they are well some people can be discharged without delays, however others may be delayed awaiting care and support and accommodation.

Along with the 3 Health and Social Care Partnerships in Dundee, Angus and Perth and Kinross, NHS Tayside is redesigning Adult Mental Health and Learning Disability Inpatient Services. Following the publication of the Trust and Respect Independent Inquiry Report in 2021 there were a number of development areas identified.

https://www.nhstayside.scot.nhs.uk/OurServicesA-ZMentalHealthandLearningDisabilityServices/PROD_333752/index.htm

Information on the progress of this work can be found at

<https://www.gov.scot/groups/oversight-and-assurance-group-on-tayside-mental-health-services/>

In addition to people's family and friends, and the professionals who work in the hospital wards or visit from community services, Independent Advocacy Services engage with in-patients to make sure they have a chance to have their views heard and appropriate action taken.

Many people in hospital say that activities are very important, some have said they can get very bored. There are desires to have more activities on the ward as well as activities away from the ward in the local community. Some patients want to spend more time in the community doing organised activities or day to day living activities such as going to cafes/shops etc.

The Scottish Government's Coming Home report (2018) recommended that a more proactive approach was taken to planning and commissioning services and to identify suitable housing options.

<https://www.gov.scot/publications/coming-home-implementation-report-working-group-complex-care-delayed-discharge/>

Mental Health Professionals are participating in workshops to develop a process to streamline activity that supports people returning to the community either in new accommodation or with new support packages in their existing accommodation.

The Strategic Housing Investment Plan group is aware of the need to ensure that people awaiting accommodation in hospital are seen as a priority as part of this process and have informed the group of projected future accommodation needs for people with a Learning Disability.

In 'Living Life Well' some main priorities were agreed for supporting for people with a Learning Disability. These priorities mirrored those in the 'National Keys to Life Strategy'. In addition to this, life transitions were identified as another area of priority; in particular transitions like those from childhood to adulthood and from working age to retirement age. There are working groups to implement 'Living Life Well' and some Dundee SPG members are part of these groups.

An important area of work within "Living Life Well" is to improve services and support for people with neurodevelopmental disorders. These lifelong conditions include autism, attention deficit disorder and tic disorders which can affect people with a Learning Disability as well as people without a Learning Disability. Some people live with more than one of these conditions. A specific workstream has formed which will map collated information about what people with these conditions identify as the type of support they need, how help may best be delivered and what resources will be required to do this well. It is recognised that it is important that services can respond to the diverse needs that individuals may have and that services and supports, including support for people with a Learning Disability, work well together.

4 NATIONAL STRATEGY- THE KEYS TO LIFE

The Keys To Life is a National Strategy recognises that people who have a Learning Disability have the same aspirations and expectations as everyone else.

The Keys to Life Vision is:

'Everyone – including people with learning disabilities - should be able to contribute to a fairer Scotland where we tackle inequalities and people are supported to flourish and succeed. People with learning disabilities should be treated with dignity, respect and understanding. They should be able to play a full part in their communities and live independent lives free from bullying, fear and harassment.'

This National Vision is endorsed by the SPG and it is intended that the work of this Strategic Plan will contribute towards it. More Information can be found at <https://keystolife.info/> The **Strategic Outcomes** in 'Keys to Life' are summarised below.

<p>A Healthy Life</p>		<p>People with learning disabilities enjoy the highest attainable standard of living, health and family life.</p>
<p>Choice and Control:</p>		<p>People with learning disabilities are treated with dignity and respect, and are protected from neglect, exploitation and abuse.</p>
<p>Independence:</p>		<p>People with learning disabilities are able to live independently in the community with equal access to all aspects of society.</p>
<p>Active Citizenship:</p>		<p>People with learning disabilities are able to participate in all aspects of community and society.</p>

When interviewed some carers advised...

My daughters health and well-being is my priority and when she is well then she is happy.

I need to be confident that my daughters is well looked after as this gives this much needed respite.

Security and familiarity is important to my daughter.



Through co-production people in Dundee developed a group of Personal Outcomes that were important to them. These Personal Outcomes have been adopted by the SPG which is committed to supporting them. The Dundee Personal Outcomes have been aligned with The Keys to Life Priorities to show how they link with our Strategic Plan in Dundee.

	Personal Outcome Area <i>'Our commitments to you.'</i>	Keys to Life Outcomes
	<p>Choice and Responsibility</p> <p>We will generate plans and actions in partnership with you that support people to fulfil the statement 'I have choice and control of my life'</p>	Independence
	<p>Safety</p> <p>We will work together on safety matters. You will feel safe and be as safe as you can be through getting the support and care you need and progress towards enhancing safety</p>	Choice and Control
	<p>Health and Wellbeing</p> <p>You will have the best possible health and wellbeing with support to get good health care to feel good and stay well.</p>	A Healthy life
	<p>Informed and Involved</p> <p>You, your carers and the workforce will have the right information at the right time and will have a say in decisions about local services and about your community.</p>	Choice and Control
	<p>Family and Relationship</p> <p>You will have opportunities and support to make and maintain relationship with your family and friends. you will have opportunities to have the personal relationship that are right for you.</p>	A Healthy life
	<p>Being Part of the World</p> <p>You will be supported to be part of the world you live in, living your life to the full and always having the opportunity to learn develop.</p>	Active citizenship

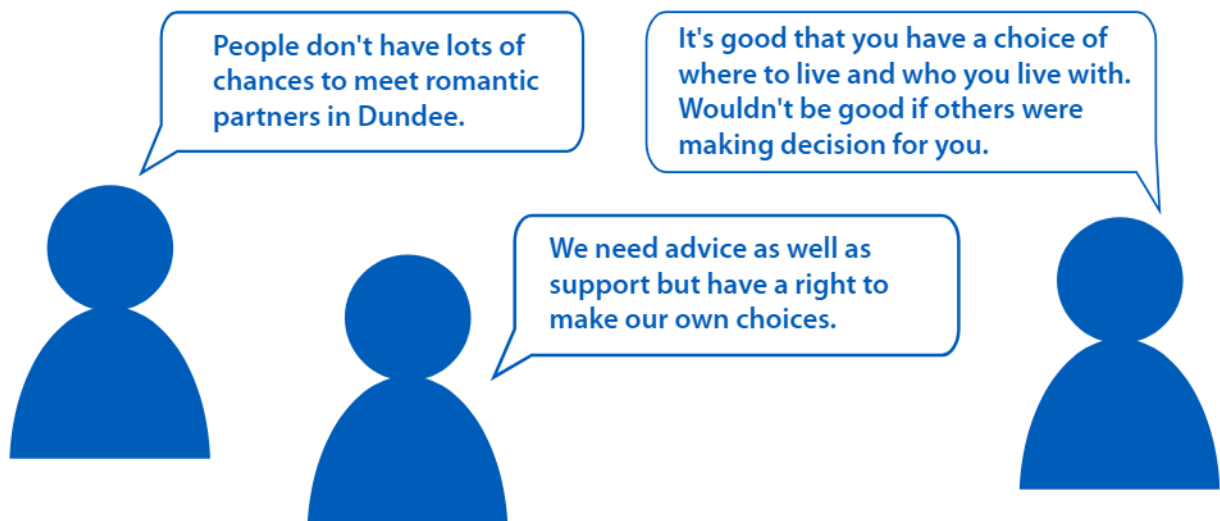
The Table below shows where each group spend their money.

What did people spend on?	People with Support Needs	Workforce	Public, Carers, Others	Total spend by all groups
Family & Relationships	30%	20%	7%	22%
Informed & Involved	10%	16%	13%	13%
Safety	14%	10%	23%	13%
Health and Wellbeing	16%	21%	10%	18%
Being Part of The World	13%	13%	23%	14%
Choice & Responsibility	14%	19%	23%	18%
Other Priority	4%	1%	0%	2%

The SPG has considered the views shared at the event along with information from National Research and from Engage Dundee and Dundee Carers Covid Engagement. The basis for this plan has been verified with the Advocates. The SPG know that due to the pandemic not everyone has had a chance to give their view yet. More information will become available about people's views and needs in the future and any adjustments will be made to the action plan as required.

The level of engagement and interaction in 2022 has been lower than previously in terms of numbers but rich in terms of quality of content. Deadlines for responses have been extended in order to support additional efforts to hear from people and responses are still coming in which may add to the information

People in Focus Groups said...



March 2022	Meeting of Carers at Dundee Carers Centre
May 2022	4 Focus Group Meetings at Advocating Together. (including one on line with Dundee Involvement Network)
June 2022	Focus Group Meetings at Wellgate Day Support (WDS) supported by WDS colleagues
June 2022	WDS Carers Meeting – supported by WDS and Integrated Manager
July 2022	Service User Survey Information collated
July 2022	On- line carer and stakeholder surveys collated
July 2022	WDS colleagues telephone interviews with Carers



8 WHAT IS CURRENTLY IMPACTING PEOPLE?

The Strategic Plan has used information from previous involvement and national research and reports to supplement the information gathered from the recent engagement. (see Engagement Report). The information gathered has, in general reflected previous aims and aspirations but there are a number of new circumstances that will need new and dynamic actions to meet these aims.

The information gathered so far has been grouped under the Personal Outcome areas.

Health and Wellbeing

- Information to be provided about experience in hospital care in particular hospitals who specialise in Mental Health.
- Annual Health Check (due to be introduced) is welcomed
- The local Health and Wellbeing Networks for Local Community Planning Partnerships should be explored as potential partnership area
- Information about Health impacts following the Covid Pandemic are starting to become known. It is anticipated that more information will become available
- Increased isolation affected people and also affected their carers, in particular older carers whose social contacts previously gave them respite and support.

Choice and Responsibility

- Workforce planning- people are impacted by the recruitment and retention issues in social care and health care. SPG members will contribute to work to enhance the position of Learning Disability services in this respect
- Cost of living people are starting to become concerned about the Cost of Living, fuel prices and electricity prices.
- Housing- the limited availability of specialist housing in the City- including Wheelchair accommodation for families

Safety

- Dundee Violence Against Women and Girls Partnership and Learning Disability Services are exploring use of Specific Talking Mat as part of a National Pilot.
- People have been more confined to their homes, it may be that they have less experience of safety in public at present although there are reports of harassment in local shops and shopping areas.
- People understand their rights but have had less opportunity to discuss this with peers face to face and consider what to do if rights are breached.

Family and Relationships

- Balanced healthy relationships are seen as highly important in a good life. People want to maintain or repair family relationships; connect in a meaningful way people with friends who they know through attending same groups: safe opportunities are sought for developing romantic relationships.
- People need to explore ways of keeping in touch with friends directly; in the past they have been used to “bumping into” friends at a group or activity and the pandemic? was a barrier to even phoning a friend in lockdown or meeting for a walk or coffee later.
- Many family carers are exhausted through the strains of caring more intensely during the pandemic. Work will continue to progress along with the Dundee Carers Partnership.

Informed and Involved

- Consultation has demonstrated that there seems to be a good awareness of rights. There is limited evidence that these rights are always challenged when not fulfilled
- Mechanisms that support people’s rights include:
- The National and Local involvement work from Charter for involvement, National Involvement Network and Dundee Involvement Network, The Scottish Assembly (National and North East Group), Self-Advocacy through Advocating Together and one to one Advocacy through Partners in Advocacy, Dundee Independent Advocacy and Advocating Together. Although services continued to meet needs, face to face meetings were restricted and work which would previously have been face to face moved on line. This is anticipated to change but may take time and effort to redevelop.

Being Part of the World

- Covid Pandemic Measures have increased Isolation. People may now be apprehensive about going out.
- People are seeking support to go out and reassurance when returning to activities. Many of the previous community activities have not resumed and may not restart.
- Support agencies and carers are helping people overcome barriers but Being Part of the World is impacted by limited opportunities in local communities, risk assessment of bigger events that suggests may not be advisable to hold events.
- Workforce circumstances including increased absence due to infection and recruitment and retention difficulties make this even more problematic.
- Many family and friends who are carers have been overwhelmed and fatigued during the pandemic with having had increased responsibilities.
- Increases in cost of living have brought concerns about costs for activities to the fore.
- Some carers raised concerns about different approaches from different service providers to what the person being supported is expected to pay for.
- Employment and volunteering opportunities have been very restricted.
- Project Search (Employment Preparation) is a significant new employment opportunity for a small number of people and some of this year's Graduates have jobs now and others have positive life plans including volunteering.

Some carers said...



Research by Leonard Cheshire revealed that ‘around 600,000 disabled people already have £10 or less per week to pay for food and other essentials.’ The impact of cost rises could be very serious for some disabled people.

<https://www.leonardcheshire.org/our-impact/stories/what-do-new-cost-living-payments-mean-disabled-people>

Disability Equality Scotland deliver regular summary reports based on the feedback received from members through a weekly poll. The issues raised across Scotland are likely to be common to local people. In April 2022 85% of respondents were very concerned about the current cost of living – www.disabilityequality.scot. Fuel costs were mentioned specifically including costs of using medical devices like oxygen therapy. For one person used at "shopping has become a case of finding what is affordable ... rather than what I like." These rising costs may have greater impact on people with food intolerances and specific diets (e.g. diabetes). Other people raised worries about the fact that income is not increasing with inflation and changes to benefit rules.

The Learning Disability Workforce along with family carers support people with Money Management and seek help from Money Advice agencies regarding debt management and changes in Disability payments. The new Scottish Social Security Service has been put in place to avoid the severe review and reassessment schemes for Disability Benefits but the impact of this is still to be measured.

It is anticipated that Cost of Living challenges will affect many people including people who access Learning Disability Services and may in future contribute to people needing more support. The SPG are aware of this and will monitor and take appropriate action as required. It is anticipated that actions related to this Strategic Plan will include work towards the Fairness agenda in Dundee and activity to address Health Inequalities and Social Inequality.

Someone responding to the Stakeholder survey said

Someone responding to the Stakeholder survey said

The vision includes what are an individual's human rights. The issue would be to ensure services/resources are available to back these statements for all, not just some.



The Triangle of Support (See Diagram 1 'Framework of Resource Use-Triangle of Support') indicates the way resources are used in Dundee City.

There are some new actions that must be considered now. Following the Pandemic some of the people who previously lived a more independent lifestyle directly accessing support in their local community may have become disconnected with this and may need to re connect with new support. Some people, particularly those in communal living situations and care units have had the sorrow of not being able to spend time with family and friends.

Many unpaid/family carers have been providing additional support due to restrictions and may be in greater need of support to relieve them and respite care support. A small number of other carers indicated that the less busy, less varied, less people environment suited some people during the pandemic and they expressed a desire for this environment to continue although they know that some changes will be inevitable.

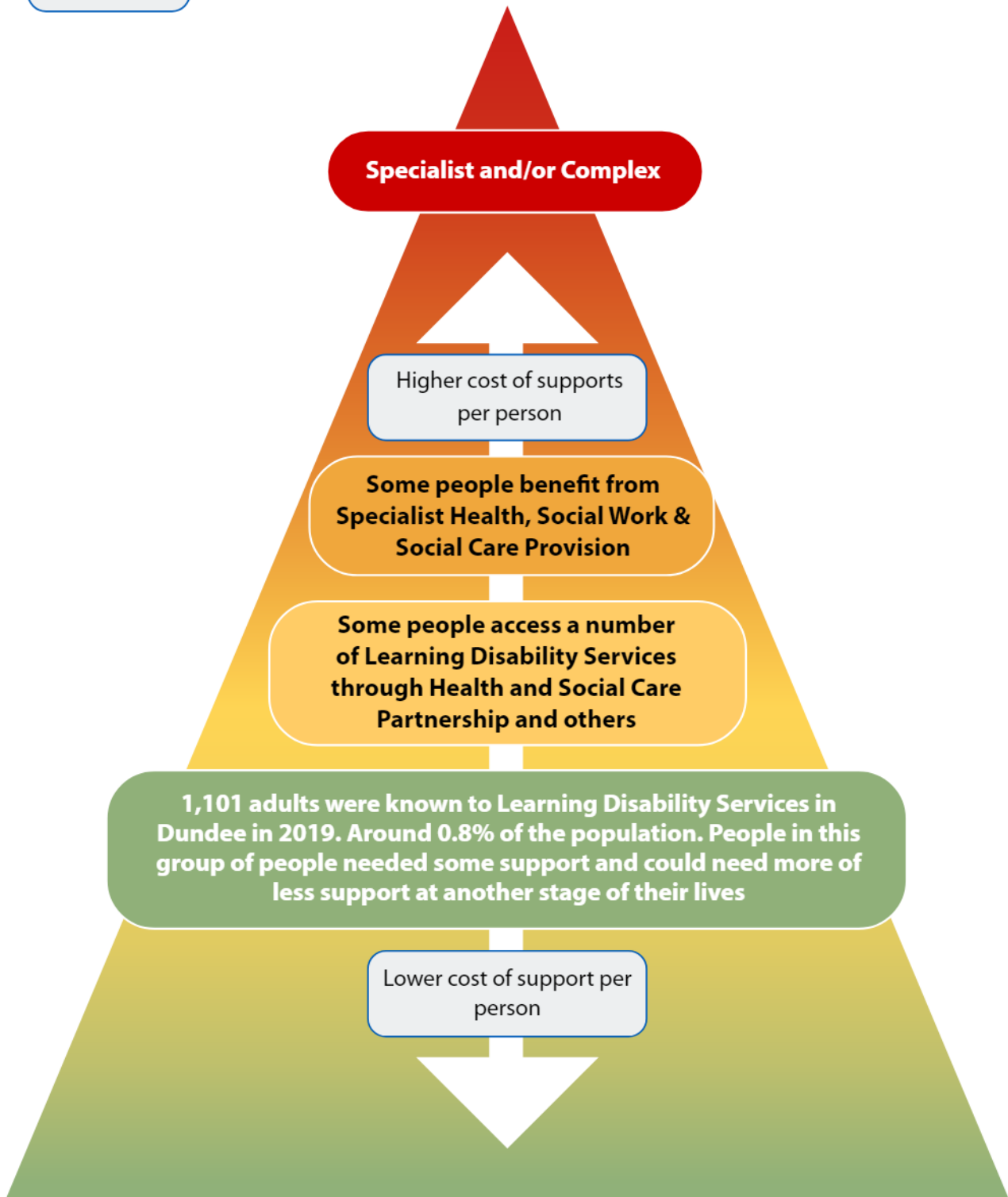
The following diagram represents what is currently known about people in Dundee who have support or may need support and the levels of support they need. In Diagram 1 the white block at the base of the triangle indicates population of Dundee with a Learning Disability. This can be estimated to be as many as 5,200 people if an assumption is made of 5 % of the local population (approximately 130, 000) possibly have a Learning Disability. It is known that some of these people will never need formal support from Health and Social Care services or may only need this support at some points in their life.

The green part of the triangle indicates people who currently access some support (under 1,200 people) and are individually known to colleagues in local Learning Disability services. The percentage of people in this grouping is higher than many other Scottish Local Authorities. <https://www.sclid.org.uk/2019-report/>.

In this report Dundee is shown as aware of 8.8 adults per 1,000 adults in the population, where Glasgow City is only aware of 4.4 adults in the population for every 1,000 people. In Perth 3.4 per 1,000 people and Angus it is 5.0 . This indicates that we are keeping contact and potentially supporting a greater percentage of people. There is not a clear picture of why this is the case. A number of reasons are possible but there is no research or proof about this. It may be that more parents move or remain in Dundee (to be near Hospital Care or education resources) ; or that young people move to Dundee when they move from a family space at home especially for college; or that more people moved to Dundee when leaving long term hospital as they did not have links elsewhere. It may also indicate that the workforce in Dundee are relatively accessible when people need them allowing them to access support readily at times when circumstances change and later maybe move back to mainstream supports with a suitable plan.

The yellow, orange and red parts of the triangle represent the different levels of support people access. An individual may have circumstances where they have had support at all levels during their lifespan and some individuals may remain in the supports at one area only. Some may access support from all levels at one time.

Diagram 1



148,820 people were living in Dundee in 2019. Estimate that around 5% have a Learning Disability. Around 10,000. Many people live without formal support and are independent, others have enough help from family and friends and have supports that are available for all local community and others may need more support at different times in their lives.

Conversations with you

Much of the information in this plan was gathered before the pandemic and this plan has been supported by you or people like you giving your point of view. Your views are heard in a number of ways including: Participation and Engagement Activities including Focus groups and events. These activities are usually supported by Advocating Together and the Providers Forum as well as other colleagues in Dundee Health and Social Care Partnership and Dundee City Council including Communities Officers. More recently The National Involvement Network has promoted The Charter for Involvement and local people have created a Dundee Charter for Involvement group.

As many opportunities as possible will be taken to learn your views. The SPG will work with partners to arrange local events in local communities, when circumstances permit to provide opportunities for services and supports to let people know what is available and for gathering views and opinions.

Other Developments

The planned actions will take account of new developments planned by Scottish Government and by local strategies and policy developments. This will include proposals as a result of the National Care Service (proposed in NCS Bill) and the Learning Disability Bill which have been published recently.

Plan Actions

With the help of people and stakeholders the SPG is developing a plan to make sure everyone has the same chance to meet personal outcomes wherever they live in Dundee. This action plan will be updated regularly with new actions added as required.

Monitoring

The SPG will seek ways of formally monitoring and evaluating progress to check that people are able to live the life they want and live life well in Dundee.

In one survey someone said...

Everyone has a right to have a good life.



Manager Responsible -Arlene Mitchell (Locality Manager)
Dundee Health and Social Care Partnership.

Words and Terms and what they mean in this Strategic Plan

Advocators	In Dundee the 'Advocators' are employed by Advocating Together is an independent advocacy and capacity building organisation for adults (over 16) with: learning disabilities, autistic spectrum disorder or complex communication needs. These Advocators are people with a disability who listen to their peers and find creative ways of building capacity and engaging.
Integration Joint Board (IJB)	The IJB has overall responsibility for the planning of services for the parts of Health and Social Care in Dundee that come from NHS Tayside and Dundee City Council.
Learning Disability and Autism Strategic Planning Group (SPG)	The SPG is a group of local people and professionals with an interest in planning health and social care for people with a Learning Disability and people with a Learning Disability and Autism in Dundee.
Neurodiversity	Neurodiversity planning in Tayside includes adults with and without a Learning Disability who are impacted by autism spectrum conditions, ADHD, dyspraxia, Tourette Syndrome and tic disorder.
Personal outcomes	Personal outcomes describe what a person wants to achieve. These are realistic goals that the person receiving care and support, and their care worker or carer can work towards.
Priorities	Strategic Priorities are the important things that planners want to work together on to achieve.
Pandemic	An infectious disease that has spread across a large area or worldwide, affecting lots of people. In this report the Pandemic referred to is Covid 19 infection which started in 2020.
Strategic Needs Assessment	This sets out current and (predicted) future health and care needs of local populations to inform and guide the planning and commissioning of health, well-being and social care services within an IJB area.
Vision	The vision or vision statement sets out our ambition for the future.

What is a Learning Disability?

"A significant lifelong condition which is present prior to the age of eighteen and which has a significant effect on a person's development." People with a Learning Disability may "need more support than their peers to understand information, learn skills and lead independent lives", this does not mean they are incapable of playing an active role in our society and economy.

Keys to Life <https://keystolife.info/>

What is Autism?

Autism is a lifelong developmental disability which affects how people communicate and interact with the world. <https://www.autism.org.uk/advice-and-guidance/what-is-autism> Some people with a Learning Disability have Autism. Some do not. Some people with Autism do not have a Learning Disability.

What are LDSS Statistics?

Learning Disability Statistics Scotland (LDSS) provide information on adults with Learning Disabilities who are known to Scottish local authorities. Information is included on demographics, day centre use, accommodation, employment, and further education.
<https://www.sclد.org.uk/population-statistics/>

Other important documents

Information about all policies, publications, consultations and news relating to health and social care can be found at <https://beta.gov.scot/health-and-social-care/>.

The Scottish Government Autism and Learning Disability Transformational Plan 'Towards Transformation' sets out to ensure that progress is made in transforming Scotland for autistic people and people with learning/intellectual disabilities.

<https://www.gov.scot/publications/learning-intellectual-disability-autism-towards-transformation/>

Information about local policies, publications, consultations and news relating to health and social care can be found at <https://www.dundeehscp.com/> and <https://www.dundeecity.gov.uk/>

The Dundee Integration Joint Board are responsible for the Dundee Health and Social Care Partnership Strategic Commissioning Plan (SCP). The SCP has 4 main priorities and these are will be important areas to take account of when implementing this strategic plan. These will be Health Inequalities; Early Intervention/Prevention; Person Centred Care and Support; Models of Support/Pathways of Care. For more information see <https://www.dundeehscp.com/our-publications/news-matters/strategic-and-commissioning-plan-extended>

Needs Assessment

The Dundee SCP is based on a Strategic Needs Assessment which was refreshed in 2021. The Needs Assessment is supported by information from a number of sources in particular the annual Learning Disability Statistics Scotland.

The key information identified through the Strategic Needs assessment includes:

- in Dundee there were 1,101 adults (aged 16+) with a Learning Disability and 272 with an autism spectrum disorder. This is about 1 person in every 100 people in Dundee, which is a higher proportion than most other places in Scotland.
- Most of the people live in Coldsides, Strathmartine and East End and nearly half live in the most deprived areas of Dundee. This can really affect their chances of a good life.
- Half of the people known about receive support either in their own homes or in care homes or hospital.
- People with a Learning Disability have a life expectancy of 20 years less than other people with the same physical health.

Other information in the Needs Assessment which is particularly relevant to this Strategic Plan includes: information about MAPPA, Mental Health Orders, Incapacity Act work, Employment Services and Public Protection, Homelessness, Carers, Care Homes, Respite Care and Support Services.

Current Research

The Engage Dundee survey took place online during late 2020. The invite to take part was circulated widely. The survey aimed to explore the impact of the Covid-19 pandemic on Dundee's citizens, particularly in determining whether individuals had accessed specific services during lockdown, their experiences both positive and negative, whether there had been impacts on mental health and wellbeing and in what ways, any positive developments over the lockdown period, and to help assess the priorities of individuals, families and communities going forward. The engagement was supported by a number of key agencies and bodies across the city; notably Community Learning and Development Service, Faith in the Community, Public Health Services, DVVA and Dundee HSCP).

https://www.dundee.gov.uk/sites/default/files/publications/engage_dundee_covid_impact_report.pdf

The Dundee Carers Covid Engagement report outlines the findings and recommendations from the Dundee Carers Partnership Covid-19 engagement work carried out in 2020. The Carers Partnership undertook engagement with carers and the workforce supporting carers to better understand the impact of Covid-19. The final report presents the and contains a series of recommendations to ensure outcomes are met for carers in the City.

<https://carersofdundee.org/workforce/carers%20partnership/#:~:text=Dundee%20Carers%20Partnership%20Covid%2D19%20Engagement%20Findings,-A%20report%20outlining&text=From%20late%20September%20to%20mid,the%20impact%20of%20COVID%2D19>

In 2021 the Fraser of Allander Institute set out to build evidence-based effective action for people with Learning Disabilities in Scotland. They advise that they have found that the evidence on which to base effective policy to improve the outcomes for people living with a Learning Disability is severely lacking. The Institute advise that without better data to underpin policy making, Scottish Government ambitions to improve the lives of adults with Learning Disabilities are unlikely to be realised.

<https://fraserofallander.org/a-new-project-on-adults-with-learning-disabilities-in-scotland/>

Here is the Vision for this plan with more detail



Everyone will get help to live well.

You will have support from people who will help you when day to day living is difficult; this might include going to the shops; budgeting; advice if you are worried; help to wash and dress; clean house and laundry; Health care and support to live your life the way you want. The help can be from friends, family, volunteers or staff.



Everyone will have good places to live in.

You will have a choice of where you live and a choice about who you live with. You will have a warm house and comfortable furniture.



People will be able to use local shops in friendly communities.

There will be affordable shops, that sell healthy foods. There will be beautiful public spaces, people will feel safe and welcome when they are in their local area.



Everyone will be friendly.

Everyone will look after each other.

We will try to be respectful to each other, and fair. We want everyone to be safe. We know Human Rights are important and sometimes it will be difficult to do this.



Everyone will have good relationships.

This includes relationships with friends, with family and romantic relationships.



Everyone will be able to have a social life.

Everyone will have chances to share their talents.

People can go and meet friends when they choose to, people can get involved in different activities and hobbies, people can choose to get online, use digital equipment. People can volunteer or have paid jobs if they want.

This is information about the Strategic Plan for Supporting Adults with a Learning Disability and Adults with a Learning Disability and Autism in Dundee. (2022-2027).

The Plan is called **'Living Life Well and Living Life Your Way in Dundee'**.

	<p>The Dundee Learning Disability and Autism Strategic Planning Group (SPG) wrote this plan after hearing what people had to say.</p>														
	<p>The plan also considers important local and National policies like 'Keys to Life'.</p>														
	<p>The plan sets out what is important and why. The Health and Social Care Partnership will work with others to make the Plan happen.</p>														
<table border="1" data-bbox="268 1411 590 2029"> <thead> <tr> <th colspan="2">Personal Outcome Area</th> </tr> </thead> <tbody> <tr> <td>Choice and Responsibility</td> <td></td> </tr> <tr> <td>Safety</td> <td></td> </tr> <tr> <td>Health and Wellbeing</td> <td></td> </tr> <tr> <td>Informed and Involved</td> <td></td> </tr> <tr> <td>Family and Relationship</td> <td></td> </tr> <tr> <td>Being Part of the World</td> <td></td> </tr> </tbody> </table>	Personal Outcome Area		Choice and Responsibility		Safety		Health and Wellbeing		Informed and Involved		Family and Relationship		Being Part of the World		<p>The aim of the plan is to support people in Dundee to live life well and live life the way that they want.</p> <p>People will work together to take action on what is needed.</p> <p>An Action Plan will be made with work for the Personal Outcome areas already agreed in Dundee.</p>
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