



A Strategic Plan for Supporting
Adults with a Learning Disability and
Adults with a Learning Disability and Autism in Dundee.

Information about the Strategic Plan

INFORMATION ABOUT THE STRATEGIC PLAN

This is information about the Strategic Plan for Supporting Adults with a Learning Disability and Adults with a Learning Disability and Autism in Dundee. (2022-2027).

The Plan is called '**Living Life Well and Living Life Your Way in Dundee**'.

	<p>The Dundee Learning Disability and Autism Strategic Planning Group (SPG) wrote this plan after hearing what people had to say.</p>														
	<p>The plan also considers important local and National policies like 'Keys to Life'.</p>														
	<p>The plan sets out what is important and why. The Health and Social Care Partnership will work with others to make the Plan happen.</p>														
<table border="1" data-bbox="268 1413 592 2029"> <thead> <tr> <th colspan="2">Personal Outcome Area</th> </tr> </thead> <tbody> <tr> <td>Choice and Responsibility</td> <td></td> </tr> <tr> <td>Safety</td> <td></td> </tr> <tr> <td>Health and Wellbeing</td> <td></td> </tr> <tr> <td>Informed and Involved</td> <td></td> </tr> <tr> <td>Family and Relationship</td> <td></td> </tr> <tr> <td>Being Part of the World</td> <td></td> </tr> </tbody> </table>	Personal Outcome Area		Choice and Responsibility		Safety		Health and Wellbeing		Informed and Involved		Family and Relationship		Being Part of the World		<p>The aim of the plan is to support people in Dundee to live life well and live life the way that they want.</p> <p>People will work together to take action on what is needed.</p> <p>An Action Plan will be made with work for the Personal Outcome areas already agreed in Dundee.</p>
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Here is the Vision for this plan with more detail



Everyone will get help to live well.

You will have support from people who will help you when day to day living is difficult; this might include going to the shops: budgeting; advice if you are worried; help to wash and dress; clean house and laundry: Health care and support to live your life the way you want. The help can be from friends, family, volunteers or staff.



Everyone will have good places to live in.

You will have a choice of where you live and a choice about who you live with. You will have a warm house and comfortable furniture.



People will be able to use local shops in friendly communities.

There will be affordable shops, that sell healthy foods. There will be beautiful public spaces, people will feel safe and welcome when they are in their local area.



Everyone will be friendly.

Everyone will look after each other.

We will try to be respectful to each other, and fair. We want everyone to be safe. We know Human Rights are important and sometimes it will be difficult to do this.



Everyone will have good relationships.

This includes relationships with friends, with family and romantic relationships.



Everyone will be able to have a social life.

Everyone will have chances to share their talents.

People can go and meet friends when they choose to, people can get involved in different activities and hobbies, people can choose to get online, use digital equipment. People can volunteer or have paid jobs if they want.



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GET IN TOUCH:

If you have any questions about the information contained in this document, please email:

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