



This survey is aimed at gathering the views of local Stakeholders, including the workforce, volunteers, carers and family members.

The Strategic Planning Group (SPG) for Adults with a Learning Disability and Adults with a Learning Disability and Autism in Dundee are developing a Strategic Plan. The aim of this plan is to support people in Dundee to live life well and live life the way that they want. It is anticipated that in August 2022 the completed plan will be presented to the Integration Joint Board who direct the work of Dundee Health and Social Care Partnership.

The proposed title of this strategy is '**Living Life Well and Living Life Your Way in Dundee**'.

The strategy been supported by you or people like you giving your point of view. Much of the information used to develop this plan was gathered before the pandemic. Your views have been heard in a number of ways including: Participation and Engagement Activities, groups and events. Some of these activities were supported by Advocating Together and the Providers Forum as well as other colleagues in Dundee Health and Social Care Partnership and Dundee City Council, NHS Tayside.

The Strategic Planning Group want to hear your views now.

Visit [www.dundeehscp.com/our-publications/news-matters](http://www.dundeehscp.com/our-publications/news-matters) to complete an on-line survey and when you have finished press **submit**.

Or you can complete a paper form by printing this document. If you cannot print this yourself you can or request that a form is posted to you.

There are **seven main questions** in the survey.

**The survey will close on 20/5/2022**

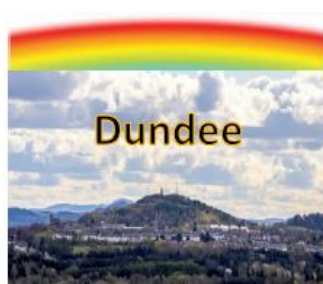
You can photograph or scan any paper copies and send to [joyce.barclay@dundeecity.gov.uk](mailto:joyce.barclay@dundeecity.gov.uk)

Printed papers copies of the completed survey should be posted to Pauline Crosbie, Admin Assistant, Dundee HSCP, c/o Employment Support Service, Dunsinane Ave, Dundee DD2 3QN

There is separate survey aimed at hearing the views of people with a learning disability and people with a learning disability and autism can be found at [www.dundeehscp.com/our-publications/news-matters](http://www.dundeehscp.com/our-publications/news-matters)

Get in touch by email to [joyce.barclay@dundeecity.gov.uk](mailto:joyce.barclay@dundeecity.gov.uk) for further information or if you need help to complete any of the surveys.

If you are not able to email phone and leave a message for Joyce Barclay on [07960389827](tel:07960389827)



# Living Life Well and Living Life Your Way in Dundee

Please give some information about yourself to help us understand the survey responses.

Please mark every box that applies to you

<input type="checkbox"/>	I work (on a paid or volunteer basis) with children and/or with adults with a learning disability or learning disability and autism in Dundee.
<input type="checkbox"/>	I am a (unpaid) carer for an someone with a learning disability or learning disability and autism in Dundee
<input type="checkbox"/>	I have a learning disability or learning disability and autism and live in Dundee.
<input type="checkbox"/>	I live and/or work in Dundee
<input type="checkbox"/>	Other

The Vision for this Strategy was created by Advocating Together and recently updated by the current advocates, who are adults with disabilities employed by Advocating Together.

## The Vision for is that in Dundee there will be :

Support for each person's way of life;  
the right social care and health care, at the right time.  
Support to live life your way, Live Life Well, and have a healthy life.  
Accessible, beautiful Public Buildings, and Public Spaces,  
A good place to live with affordable shops, selling healthy produce.  
These shops will be convenient for everyone, inclusive, friendly and safe.  
It will be everyone's business to keep people safe, promote fairness, respect each other and promote Human Rights.  
People will be helped to help themselves and each other.  
People will have support to have good relationships with family and friends and romantically.  
Everyone will be listened to and have opportunities to be involved  
There will be chances to meet face-to-face and to have digital access and inclusion.  
Everyone will be able to make a contribution and have a valued role

## Question 1 Do you agree that this vision represents what adults in Dundee with Learning Disability would want living in Dundee City to be like? Please mark one box only

<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Partly
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Please explain your answer about the vision and say what you think should be added:

# Living Life Well and Living Life Your Way in Dundee

In October 2019 an engagement and information event was held at the Marayat Hall in Dundee. It included around 100 supported persons and people who had a Learning Disability or Autism.

There were family carers, members of the workforce and members of the public (A total of around 230 people attended). Some of the key areas identified on the day were:-

People liked information about how to stay healthy; social activities are important with friends and family; people feel safe; transition is an area where more support is needed, especially transition to adulthood; inclusion, information and involvement could be improved.

**Question 2 Do you agree that these are the right things to consider?** Please mark one box only

Yes

No

Partly

Please explain your view below and let us know what you think might be missing from the list

The Strategy will take a number of important policies and other strategies into account  
This will include:

Living Life Well in Tayside Strategy (Tayside Mental Health and Wellbeing Strategy)

A Caring Dundee 2- Carers Strategy

The Keys to Life (National Strategy)

The Group of Personal Outcomes agreed by people with a Learning Disability in Dundee.

These are Choice and Responsibility, Safety, Health and Wellbeing, Involved and informed, Family and Relationships and Being part of the World.

**Question 3 Do you agree that these are the right things to consider?** Please mark one box only

Yes

No

Partly

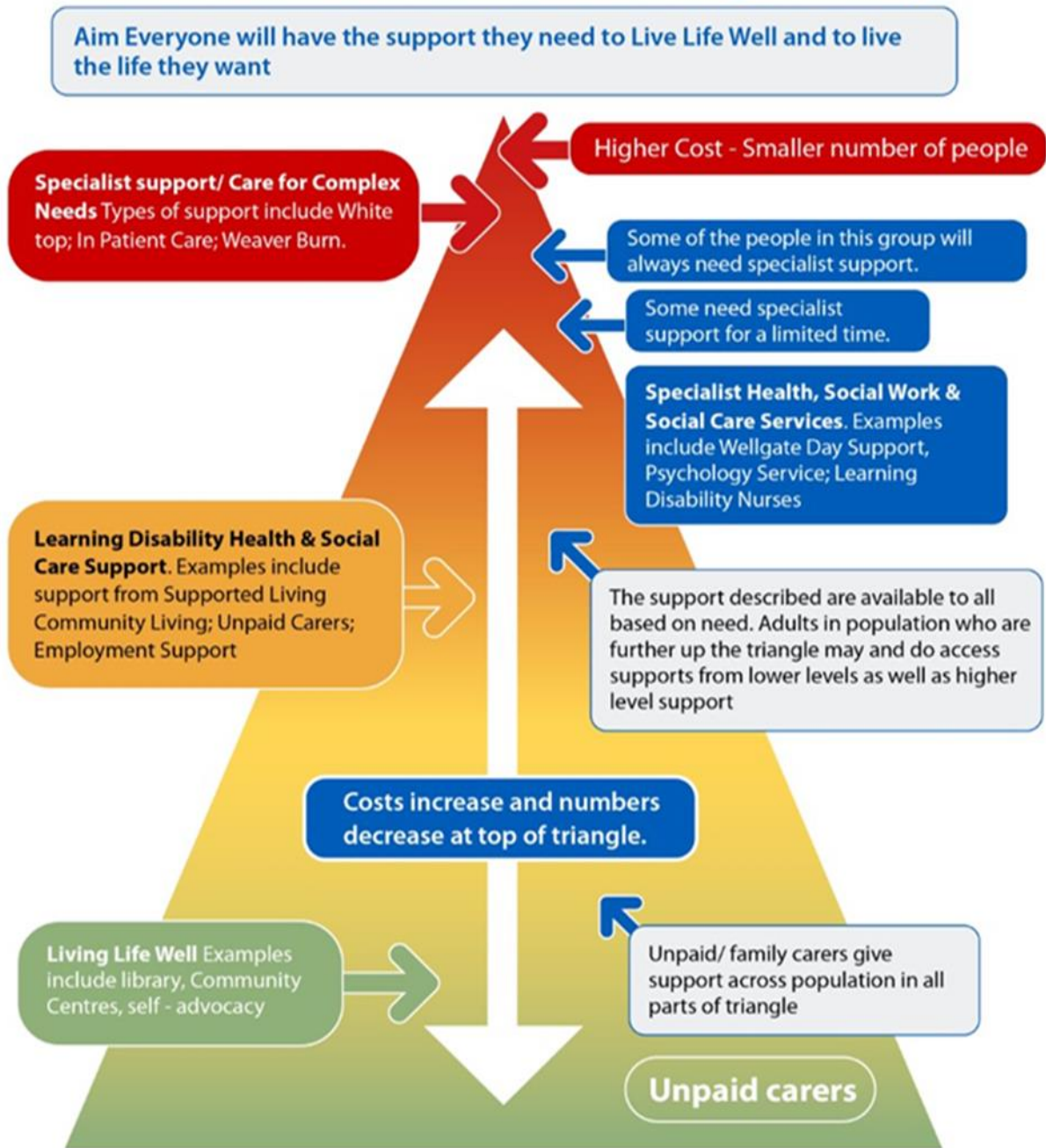
Please explain your view below and let us know if you think might be missing from the list

# Living Life Well and Living Life Your Way in Dundee

It is anticipated that supports and services will continue to be provided in the way they have been provided for a number of years. It is anticipated that people will (continue) to receive personalised support delivered through a framework that we sometimes describe as the Triangle of Support. This sets out examples of support that might be needed for people's different needs at different times in people's lives. The following 3 diagrams represent the triangle of support and what we currently know about the numbers of people in Dundee who have support or who may need support and the levels of support needed. Please let us know your views about these diagrams. You will be asked about them overall, and then given a chance to give views on each one.

Diagram 1 -Triangle

## Framework of Resource Use -Triangle of Support



# Living Life Well and Living Life Your Way in Dundee

## Diagram 2- Slice



## Diagram 3-Target



Question 4 Overall are the diagrams helpful? Please mark one box only

Yes

No

Maybe

Please explain your view below and let us know what you think might be missing or what could be changed to make them more helpful



# Living Life Well and Living Life Your Way in Dundee



**Question 5 Is Diagram 1- Triangle helpful?** Please mark one box only

Yes  No  Maybe

Please explain your view below and let us know what you think might be missing or what could be changed to make it more helpful



**Question 6 Is Diagram 2 -Slice helpful?** Please mark one box only

Yes  No  Maybe

Please explain your view below and let us know what you think might be missing or what could be changed to make it more helpful



**Question 7 Is Diagram 3- Target helpful?** Please mark one box only

Yes  No  Maybe

Please explain your view below and let us know what you think might be missing or what could be changed to make it more helpful

## Living Life Well and Living Life Your Way in Dundee

Please use this space to make any other comments or suggestions

Thank you for your views.

**Return completed surveys by 20 May 2022 by email to [Joyce.barclay@dundeecity.gov.uk](mailto:Joyce.barclay@dundeecity.gov.uk) or post to Pauline Crosbie Admin Assistant, Dundee HSCP, c/o Employment Support Service, Dunsinane Ave, Dundee DD2 3QN**

Please let us know if you want further involvement with the strategy by giving your contact details by email to [joyce.barclay@dundeecity.gov.uk](mailto:joyce.barclay@dundeecity.gov.uk) or if you are unable to email contact Joyce Barclay by phone and leave a message for Joyce Barclay on 07960389827

Or you can add your name and contact details and any queries below (this information will not be linked to your survey responses).